Screening of selected medicinal plants for activity against Trypanosoma brucei rhodesiense.

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#### Abstract

The in vitro and in vivo antitrypanosomal activities of five plants species which are Kigelia africana, Artemesia annnua, Bidens pilosa, Azadirachta indica and Senna didymobotyra traditionally used in Kenya for treatment of parasitic diseases were evaluated. Dichloromethane, Methanol, Hexane, Ethyl acetate and Aqueous extracts of stem bark, fruits, leaves and pods of the five plants were evaluated for in vitro activity against Trypanosoma brucei rhodesiense KETRI 3798 isolate. Nineteen plant extracts were tested and six were active with $\mathrm{MIC}<100 \mu \mathrm{~g} / \mathrm{ml}$ while four extracts afforded MIC values ranging from 3.91 to $62.6 \mu \mathrm{~g} / \mathrm{ml}$ respectively. Two of plant extracts, however, had low MIC values of between 3.91 and $11.42 \mu \mathrm{~g} / \mathrm{ml}$.

All the extracts tested in vitro were also tested for in vivo antitrypanosomal activity in mice, experimentally infected with T.b. rhodesiense KETRI 3798. The results of in vivo studies showed that only one of the extracts, Kigelia africana was able to stop trypanosomes from establishing and multiplying in the animals. In the acute toxicity test, administration of $250 \mathrm{mg} / \mathrm{kg}, 500 \mathrm{mg} / \mathrm{kg}$ and $1000 \mathrm{mg} / \mathrm{kg}$ of plant extracts, produced neither mortality nor significant reduction in body weight and packed cell volume between controls and the treated animals. Moreover, no gross lesions and histopathological changes were detectable between controls and the treated animals indicating that the extracts were safe and effective for the management of T.b. rhodesiense. Bio-guided fractionation, isolation and characterization studies of compounds from the extracts will yield information on the active compounds and their mechanism of action.


